



Ramona Eye Care Optometry  
1662 Main Street, Ste. B  
Ramona, CA 92065

## WELCOME TO OUR OFFICE

### Patient Information

Last \_\_\_\_\_  
First \_\_\_\_\_ MI \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Home Phone \_\_\_\_\_  
Cell Ph \_\_\_\_\_ Texting?  Yes  No  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Sex M F  
Email Address \_\_\_\_\_  
Employer (or School) \_\_\_\_\_  
Occupation (or Grade) \_\_\_\_\_  
Spouse (or Parent's) Name \_\_\_\_\_  
Spouse (or Parent's) Work \_\_\_\_\_  
Emergency Contact Person \_\_\_\_\_  
Phone \_\_\_\_\_

What is the main purpose of this visit?  
\_\_\_\_\_

Do you notice any problems with your current contact lenses or glasses? \_\_\_\_\_

Whom may we thank for referring you to our office?

Name of friend or relative \_\_\_\_\_

Another Doctor's referral, Dr. \_\_\_\_\_

If not referred, how did you choose our office?

Insurance List  Saw Sign/Building

Newspaper

Yellow Pages: Which directory? \_\_\_\_\_

Web Page: Which Web Site? \_\_\_\_\_

Other \_\_\_\_\_

### Mission Statement

*Our office is dedicated to providing our patients with the highest quality, professional eye care available. We are committed to helping our patients maintain quality vision throughout their lifetime with thorough eye health exams and providing patient education. We strive to offer the newest advancements in contact lens and eyewear products to help you attain excellent vision and address all your lifestyle needs with warm and friendly service to exceed your highest expectations.*

### Eyewear Policy

*We allow 90 days following your Comprehensive Eye Exam to return for any glasses related follow-up visits at no charge. After 90 days, a \$45 refraction fee will apply for glasses related issues. A new Eye Exam is required after 6 months from your initial visit. By state law, Glasses Prescriptions expire two years from your last complete eye exam; Contact Lens Prescriptions expire one year from your last exam.*

### Insurance Information

**Vision Insurance** \_\_\_\_\_  
Subscriber Name \_\_\_\_\_  
Subscriber SSN \_\_\_\_\_  
Subscriber Birth Date \_\_\_\_\_

**Medical Insurance** \_\_\_\_\_  PPO  HMO  
Policy Number \_\_\_\_\_  
Subscriber Name \_\_\_\_\_  
Subscriber SSN \_\_\_\_\_  
Subscriber Birth Date \_\_\_\_\_

Do you participate in a FSA or HSA?  Yes  No

### Patient Eye & Lifestyle History

Date of Last Eye Exam \_\_\_\_\_  
By Whom? \_\_\_\_\_

Have you ever had any injuries or surgeries in your eyes?  
 Yes  No If so, what kind/ when? \_\_\_\_\_

### Are you experiencing any of the following?

- |   |  |
|---|--|
| <input type="checkbox"/> Blurry Vision  | <input type="checkbox"/> Burning Sensation |
| <input type="checkbox"/> Double Vision  | <input type="checkbox"/> Flashes of light  |
| <input type="checkbox"/> Floaters/Spots | <input type="checkbox"/> Headaches         |
| <input type="checkbox"/> Itchy Eyes     | <input type="checkbox"/> Grittiness        |
| <input type="checkbox"/> Watery Eyes    | <input type="checkbox"/> Light Sensitivity |

### Have you ever been diagnosed or treated for any of the following?

- |  |   |
|--|---|
| <input type="checkbox"/> Cataracts                 | <input type="checkbox"/> Corneal Abrasions  |
| <input type="checkbox"/> Crossed eye/Eye turn      | <input type="checkbox"/> Glaucoma           |
| <input type="checkbox"/> Macular Degeneration      | <input type="checkbox"/> Lazy Eye           |
| <input type="checkbox"/> Iritis/ Uveitis           | <input type="checkbox"/> Retinal Detachment |
| <input type="checkbox"/> Other eye disorders _____ |   |

### Do you.....(check box if your answer is yes)

- ..work at a computer/e-device? How many \_\_\_\_\_ hrs/day?  
 ..have prescription sunwear?  
 ..spend time outdoors? How much? \_\_\_\_\_ Hrs/week  
 ..have problems driving at night?  
 ..think you might benefit from thinner, lighter lenses?  
 ..want information on Laser Vision Correction surgery?  
 ..have special eyewear needs (safety, sports, etc.)

Please list your Hobbies: \_\_\_\_\_

### GLASSES:

Do you currently wear glasses?  Yes  No  
 Single Vision  Progressive  Bifocal  Trifocal

**OVER PLEASE →**

The information in this confidential case history form is critical to the evaluation of your vision and health.

**Patient Medical History**

Name of Family Physician \_\_\_\_\_  
Date of Last Physical Check-up \_\_\_\_\_

**CURRENT MEDICATIONS (Rx or Over the Counter)**

(List medications including eye drops, vitamins, & birth control pills)  None \_\_\_\_\_

Allergies to medications?  Yes  No  
If so, what medications? \_\_\_\_\_

Do you drink alcohol?  Yes  No How often? \_\_\_\_\_

Do you smoke?  Yes  No How often? \_\_\_\_\_

Do you use other drugs or illicit substances?  Yes  No

**Women** - Are you pregnant or nursing?  Yes  No

Please list any past surgeries: \_\_\_\_\_

**Have you been diagnosed or treated for the following health problems?**  None

- Cardiovascular Problems  High Blood Pressure
- High Cholesterol  Blood/ Lymph
- Digestive  Genitourinary
- Migraine Headaches  Shingles
- Allergies; What kind? \_\_\_\_\_
- Constitutional (Fever, Fatigue, Unusual weight loss/gains)
- Ears/Nose/Throat infections \_\_\_\_\_
- Endocrine (Thyroid, Kidney) \_\_\_\_\_
- Diabetes; Insulin/Non-Insulin How many years? \_\_\_\_\_
- Cancer; What kind? \_\_\_\_\_
- Eczema/Rashes/ Skin Conditions \_\_\_\_\_
- Muscle/Bone (Arthritis, Fibromyalgia) \_\_\_\_\_
- Neurological (MS, Epilepsy) \_\_\_\_\_
- Psychological (Depression, Anxiety) \_\_\_\_\_
- Respiratory (Asthma, Bronchitis) \_\_\_\_\_

**Contact Lenses**

Have you ever tried contact lenses?  Yes  No

Do you currently wear contact lenses?  Yes  No

What kind? \_\_\_\_\_

Solutions used \_\_\_\_\_

Are you interested in being (re)evaluated for contact lenses today? \*  Yes  No

Would you prefer clear contact lenses or colored contact lenses?  Clear  Colored

\*The Contact Lens Evaluation is a separate annual service fee. It includes checking the fit and vision of your contact lenses, diagnostic lenses, and contact-lens related follow up visits for up to 90 days. This service is sometimes covered by your insurance as a benefit in lieu of glasses. Fees range from \$60 to \$225 depending on your prescription and eye health needs. After 90 days, there is an additional charge of \$45 for a contact lens refit, and you will have an additional 90 days of contact lens related follow up visits.

**I have read and understand the contact lens evaluation fee:** \_\_\_\_\_ (Patient/ parent initials)

**Family Medical History**

Is there a family history of any of the following:  
Relationship (Parent, Sibling, etc.)

- Corneal Problems  \_\_\_\_\_
- Amblyopia/Lazy Eye  \_\_\_\_\_
- Glaucoma  \_\_\_\_\_
- Macular Degeneration  \_\_\_\_\_
- Retinal Problems  \_\_\_\_\_
- Diabetes  \_\_\_\_\_
- Heart Disease  \_\_\_\_\_
- Cancer  \_\_\_\_\_
- High Blood Pressure  \_\_\_\_\_
- Other  \_\_\_\_\_

**Acknowledgment of Patient Responsibility and Receipt of Notice of HIPAA Privacy Policies**

I authorize treatment necessary, including such medicine, drugs, performance of duty or other studies that may be used by the physician or his/her assistants. I authorize my photo to be taken for inclusion in my medical record.

I authorize Ramona Eye Care Optometry to release any information necessary to process my claims for benefits, and give lifetime authorization for payment directly to this office for medical, vision, or surgical services rendered.

I acknowledge full responsibility for the payment of all services and agree to pay for them at the time of treatment unless other arrangements have been made. If my insurance does not reimburse the office in full within 90 days, I agree to be responsible for payment. I understand my account may be turned over to a collection agency in the event that I do not make my payments.

Please be advised that a copy of our HIPAA policy is posted in our office, or is available by photocopy to all our patients. Please ask our staff if you would like a copy of our Privacy Policy today. I acknowledge that I understand the policies and have been made available a copy of Ramona Eye Care Optometry's Notice of Privacy Policies.

I approve of messages for appointments to be left with a family member or answering machine.

I approve of mail and/or email such as postcards with appointments, requested information, or newsletters.

**Patient Name** \_\_\_\_\_ **Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

If patient is a minor, sign by Parent or Guardian \_\_\_\_\_ Name \_\_\_\_\_